

Beef Burger

Instructions:

1. First, chop a few onions and carrots. Boil them in hot water until soft.
2. Then, heat a pan for two minutes. Add oil to the hot pan.
3. Next, put the beef into the pan. Fry the beef on both sides until golden brown.
4. After that, take a round loaf and spread some butter on it.
5. Next, put the carrots, onions, a piece of beef, some lettuce and add some mayonnaise to the loaf.
6. Then, put another round loaf on top.
7. Finally, microwave it for ten seconds before serving.

Suggestions:

- You can sprinkle some white sesame seeds on top of the loaf for extra flavour.
- You can season the loaf with a lot of pepper if you wish.

