Feeling Sick

18th September, Monday   Cloudy

I was absent from school this morning. When I woke up, I felt absolutely awful! My nose was really runny and I felt very hot throughout my body. My mum took my temperature and it was 39°C. When my mum saw what my temperature was, she was devastated. She immediately rushed to get an ice bag and put it on my forehead. 'Come on, let's go to see a doctor. Remember Dr Hu? He can help you feel better,' my mum said.

After we arrived at the clinic, my mum registered at the reception counter. The nurse politely told us to wait at the waiting area. There were other patients there. One of the patients kept coughing and sneezing, another patient had a stomachache. They all seemed to be very uncomfortable.

After an hour of waiting, it was finally my turn. We walked into Dr. Hu's office. 'Oh, hello again Tony. It's good to see you again! What's the matter with you today?' said Dr. Hu. My mum replied, 'Well, he has a fever and a runny nose.' 'OK. Let me examine you. Ah, I see. There's nothing to worry about. It's the classic case of the common cold. You should take more rest and take these medicines on time, take one for your cold and one for your fever. Please follow what the label says. You should eat fruit and vegetables, they are good for your health,' Dr. Hu said. ' Thanks, Dr. Hu!' my mum replied.

When we got home, my mum told me to rest in bed while she made some salad and cooked some congee for me. After the meal, I took the medicine and drank some warm water. Then, I went back to bed.

I still don't feel great, but I'm feeling much better. I'm grateful for having a caring mother and I hope I will get better soon.