Lily was a selfish girl. She did not like to help the people in need. She had never bought flag for charity or visited the elderly home. She hated joining any charity work.

Last week, Lily watched a documentary TV programme at home. It was about an earthquake in Japan. In the programme, there was a man who was hiding under a table and the man's house seemed shaking. He looked scared. Lily thought it was very boring.

On that night, Lily went to bed late. She had a nightmare. It was horrible. In her nightmare, an earthquake occurred and destroyed Lily's house. Because a lot of houses and buildings were damaged, Lily lived a tent without any blankets. She felt very cold and frightened. She was homeless.

Suddenly, Lily woke up from this her nightmare. She felt very scared. She said to herself, 'Fortunately, this nightmare is not real.'

In the end, since Lily learned from her nightmare that she should help the needy. Lily began to participate in charity work because she hoped to help people in need and got them out of trouble.